

**La Barbarie**  
HOTEL & RESTAURANT  
GUERNSEY

**Bar Lunches 12 noon till 1.45**

**Starters**

<b>Home Made Soup of the Day</b> <i>served with Crusty Bread (V)</i>	£5.50
<b>Crab Bisque</b> <i>Served with Crusty Bread</i>	£7.50
<b>Prawn Cocktail</b>	£7.95
<b>Crab Cocktail</b>	£9.50
<b>Prawn Tails Tempura</b> <i>Summer Salad, Sweet Chili Jam</i>	£8.95
<b>Smoked Scottish Salmon</b>	£8.95
<i>Radishes, Capers, Rocket, Lemon Dill Dressing</i>	
<b>Greek Style Salad</b> <i>with Feta, Olives, Tomato &amp; Cucumber (V)</i>	£6.70
<b>Chicken Liver Parfait</b> <i>Tomato Chutney, Toasted Bloomer</i>	£6.95
<b>Breadbasket &amp; Guernsey Butter</b>	£2.95
<i>Three warm assorted rustic bread rolls</i>	

**Light Lunches & Salads**

<b>Seafood Platter</b>	£15.75
<i>Peeled Prawns, Crabmeat, Smoked Salmon</i>	
<i>King Prawns &amp; Smoked Mackerel, Marie Rose, Wholemeal Bread</i>	
<b>Hand Picked Guernsey Crabmeat</b> <i>Crushed Avocado, Marie Rose, Wholemeal Bread</i>	£10.55
<b>House Salad</b>	£11.95/£9.95
<i>(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers)</i>	
<b>Caesar Salad</b> <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£10.95/£8.95
<b>Chicken Caesar Salad</b> <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£13.95/£10.95
<b>Grilled Salmon</b> <i>On a bed of Nicoise Style Salad with New Potatoes</i>	£14.50/£11.95
<b>Grilled Jerk Chicken and Avocado Salad</b>	£13.95/£10.95
<b>Hand Picked Crab Meat</b>	£16.95/£13.75
<b>Peeled Prawn</b>	£14.50/£11.95

**Main Courses**

<b>Crispy Battered Cod Fillet</b> , <i>Rustic Cut Chips &amp; Garden Peas, Tartare Sauce</i>	£14.95
<b>Grilled Salmon</b> , <i>Lemon Butter, Steamed Mixed Greens, New Potatoes</i>	£14.95
<b>Slow Roast Pork Belly</b> , <i>Apple Compote, Savoy Cabbage, Creamy Mash</i>	£14.25
<b>Thai Style Chicken Red Curry</b> , <i>Basmati Rice (GF)</i>	£14.50
<b>Thai Style King Prawn Red Curry</b> , <i>Basmati Rice (GF)</i>	£15.25

**All the above Main Courses can be served as Smaller Portions for £11.95**

<b>Sam's Farm Rib Eye Steak</b> , <i>Grilled Tomato, Portobello Mushroom, Rustic Cut Chips</i>	£19.95
<b>Breast of Chicken Wrapped in Bacon, Wholegrain Mustard Sauce</b>	£14.95
<i>Tender Stem Broccoli, Sauté Potatoes</i>	



## Hot Sandwiches

**180gm Beef Burger served in a Toasted Brioche Bun** £14.25  
*with or without Cheese, Pickle, Tomato & Onion, Burger Sauce Rustic Cut Chips & Salad*  
**Add Smoked Streaky Bacon £1.50**

**Char Grilled Chicken Breast served in a Toasted Brioche Bun** £14.25  
*With or without Cheese, Rocket & Mayo, Rustic Cut Chips & Salad*  
**Add Smoked Streaky Bacon £1.50**

## Vegetarian Options

Starter £7.65 / Main £14.50

**Sauté Forest Mushrooms in Garlic**  
*Toasted Sourdough, Rocket Salad (VG)*

**Thai Style Red Vegetable Curry**  
*Basmati Rice (VG, GF)*

**Grilled Guernsey Goats Cheese Salad**  
*Red Onion Marmalade Sauté Potatoes (V, GF)*

**Wild Mushroom, Asparagus & Leek Risotto**  
*Shaved Parmesan (V, GF)*

### All of the above can be served as Smaller Portions

V = Vegetarian    VG = Vegan    GF = Gluten Free

## Side Orders

Rustic Cut Chips £3.50  
Sauté Potatoes, New Potatoes or Mashed Potatoes £3.50  
Onion Rings £3.50  
Garden Peas, Buttered Cabbage or Mixed Greens £3.50  
**Side Salads Mixed** Salad, Tomato & Red Onion Salad,  
Caesar Salad, Or Green Mixed Leaf Salad £3.95  
Garlic Bread £2.95

*Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.*

## Traditional Sandwiches

*All Made to Order on White or Wholemeal Sliced Bloomer  
with Salad Garnish & Crisps (with Rustic cut Chips add £1.95)*

**Guernsey Crab** £9.25  
**Prawn** £7.95  
**Smoked Salmon** £7.50  
**Mature Guernsey Cheddar** (with Tomato, Pickle or Onion?) £6.25  
**Tuna Mayo** £6.25  
**Farmhouse Ham** £6.25  
**Roast Beef** £6.95

<b>Soup and Sandwich Deal</b> £10.95 <i>A Bowl of Homemade Soup with a Choice of one of our Traditional Sandwiches (£2.25 Supplement for Crab)</i>
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Our Restaurant Bar and terrace will be open for Morning Coffee from 10am Lunch from 12 till 1.45pm  
Evening Meals from 5.30 till 8.45pm

Please check our Facebook and Twitter pages for updates

All Menus subject to change  
July 2021

